

Program Specific Outcomes (PSO) – M.A. Psychology

PSO1: To create a strong research oriented theoretical foundation in consonance with recent advances in the discipline of psychology.

PSO 2: To enable students to take a creative, empirical and ethical approach to the program that combines conceptual repertoire and research practices in both quantitative and qualitative traditions.

PSO 3: To provide an opportunity to extend the knowledge base to the world of practice with a view to promote healthy interface between academia and society.

Course Outcomes

101-Applied Psychometry

C01 To create critical understanding of measurement issues and techniques in psychological inquiry

C012 Enable students to develop skills and competencies in test construction and standardization

C03 To learn the application and contextual interpretation of data from psychological measurement

102-Qualitative Methods -I

C01 To create awareness about the critical aspects of psychological research

C02 To appreciate the descriptive methods and their applications

C03 To facilitate appreciations of differential interpretation of psychological realities

103: Cognitive Processes

C01 To provide an in-depth understanding of some of the cognitive processes in terms of current theories, models and applications

C02 To help learners understand the importance of these cognitive processes in everyday life

104 Neuropsychology

CO1 To provide knowledge and understanding of brain, mind and behaviour relationship with the help of current developments in the field of neuroscience, scientific theories, clinical and real-life examples

CO2 To facilitate a dynamic understanding of the field by discussing neuroimaging techniques, case examples, current researches

CO3. Challenging the students to examine the field of neuropsychology as a framework for understanding behaviour and mental processes

105 An Experiential Inquiry into Selfhood

CO1 The course will direct the participants towards a more focused yet free flowing awareness and experience of personal selfhood. The course content will include enriching insights from four major perspectives—Psychoanalysis, Existential, Engaged Buddhist & Critical Psychology.

CO2 The course will be geared towards helping potential students/psychologists develop a self reflexive relationship with themselves and to enter the challenges of young adulthood in a more free flowing, vibrant & alive manner.

106 Emotions in Everyday Life

CO1 To help students understand the processes of emotion and relating them to diverse contexts.

CO2 To prepare students learn organizing their personal lives better by gaining insights into their own emotional strengths.

107: Paradigms of Psychology

CO1. To acquaint the student with a wider (global) history of psychology

CO2. To highlight the dominant concerns of mainstream Euro-American psychology

CO3. To familiarize the student with the basic pre-requisites of any knowledge-seeking endeavor

CO4. To elucidate the major paradigms of psychological knowledge

CO5. To highlight the contribution of Indian knowledge systems in generating a comprehensive system of psychology, one which is contemporary in its concerns, and global in its outlook

201-Statistics and Experimental Designs

C01 To create critical understanding of quantitative techniques

C02 To understanding the nature of the data distribution

C03 To learn the usefulness of different methods to analyze psychological data

202-Qualitative Method II

C01 This course will introduce participants to the basic orientation, philosophy and methods of qualitative research.

C02 Having a dual focus, theoretical and methodological, the course will enable the candidates to become more sensitized to the social and political layering of our complex and nuanced subjectivities.

203-Social Psychology

C01 To familiarize students with some of the major theoretical perspectives in social psychology

C02 To appreciate interpersonal and group level psychological processes in the cultural context.

204- Basic Organizational Processes

C01 To enable students to examine relevant concepts of Organizational Behaviour and help them evolve a framework of OB.

C02 To help them think critically about Ob concepts and its applications for Indian realities.

C03 To take them through the experiential routes of understanding and appreciating OB by use of case analysis, group exercises and writings of thinkers.

205 Planning, Recruitment and Selection

C01 To help understand the applications of various methods for the selection.

C02 To understand the job description and specification to fit the right people at the right place.

C03 To forecast the future requirement of the organization after the advent of multinational companies.

206 Cognitive Behavior Therapy

C01 To provide in-depth understanding of cognitive behaviour therapies and their applications.

207 Preparing for Insight Oriented Clinical Work

C01. This course will introduce students to the field of clinical work. There will be an emphasis on critical and subversive readings on the history of insanity.

C02. By learning to listen to the self of the 'patient' as against diagnosing and classifying symptoms, participation in the course will enable students to become more open to self-reflective experiences as well as to the universal dynamics and vicissitudes of the human psyche.

C03. By learning to formulate case histories, course participants will be encouraged to reflect on a range of human experiences and probable life situations, likely to be encountered by them in the professional field of their choice.

208 : Applied Developmental Psychology

C01. To create awareness of the linkages between theoretical issues and their application in the area of human development.

C02. To understand the techniques of planning and intervention in the area of human development.

209 : Evolution of Indian Psychology

C01. To familiarize the student with the rich systems of psychology in India

C02. To indicate the progressive movement - an evolution of consciousness, taking place in Indian psychology, over time

C03. To demonstrate the inherent holism in Indian thought - the view of the person as a bio-psycho-social-spiritual entity

C04. To demonstrate the explicit application oriented nature of, if not all, most systems of Indian psychology

C05. To elucidate that the movement of the world spirit (*zeitgeist*) is in the direction of Indian psychology and spirituality

210: Counselling Psychology and Personal Growth

301 Indian Psychology and its application

C01. To enable an in-depth engagement of students with the core psychological concepts available in the Indian traditions.

C02. To creatively evolve the applications of Indian psychological concepts.

302-Multivariate Techniques

C01. To understand the management of large number of variables in psychological research.

C02. To derive the prediction for developing intervention for future action.

303 Listening and Communicating

C01 Participation in this course will enable students to open themselves to psychological processes involved in listening and communicating. From recognizing the intense universal desire for communication to acknowledging its inherent limits, this course will also help participants get in touch with the paradoxical nature of communicating, its inchoate aspects and “not being able to communicate”.

C02 From listening to the self and listening to others, the storied nature of life, epening conversations, recognizing conflict, working with internal psychic obstructions which limit our capacity to empathically respond to others and also oneself, this course will enable future psychologists to acquire some of the salient skills, ethics and values which could be considered as central and foundational.

C03 The philosophy guiding the course is keen to help one to listen to not only human beings but to all forms of life and therefore at an implicit level the course will attempt to create bonds and linkages between psychological perspectives, the spiritual emphasis on compassion and understandings from deep and sustainable ecology. Practicums will be reflective and experiential in nature.

304 Group Processes in Organizations

C01 To provide an insight into the different practices while dealing with individual's assimilation into the collective

305 Training and Development

C01 To understand the role of training as a tool for organizational goal attainment.

C02 To develop training modules for different organizational needs.

C03 To develop the required skills as a trainer.

306: Industrial Relations and Workers' Compensation Act (Total 40 Hrs.)

C01. To acquaint the students with various issues related to industrial relations.

C02. To understand the role of trade union and their negotiation skills.

C03. To develop the compensation package for the work undertaken by the employee

307 Cultural Processes in Organizations

C01. To expand and build the cultural sensitivity of psychological processes in organizational behaviour

C02. To enable students to take develop cultural reflective competencies for taking up research and practices in organizational behaviour

308: Neurodevelopmental Disorders

C01. To provide an understanding of various neurodevelopmental disorders

C02. To train students in assessment and intervention in neurodevelopmental disorders

309 Development of Theories of Mind

CO1. To develop a critical perspective towards the importance of theory of mind, intentionality and language for social understanding across life span.

CO2. To study difficulty in developing a theory of mind.

310 Psychoanalytic Psychology

CO1. A theoretical introduction to the depth of the human psyche as understood in the psychoanalytic tradition will form the basic course content. Students opting for this paper will be acquainted with the psychoanalytic perspective in some detail. Beginning with Freud, the discussions would also include the thoughts and contributions of later psychoanalytical clinicians.

CO2. The course content is geared towards familiarizing the participants with understandings on states of human distress. Psycho dynamically inclined ways of responding to emotional distress will be taken up in classes.

311 Self in Psychoanalytic Thought

312: Psychology and New World Order

CO1. To acquaint the student with cross-discipline issues about global changes

CO2. To orient the student toward a positive world scenario toward which we can choose to move, and which of course requires an interdisciplinary approach

CO3. To sensitize the student to the true nature of pressing world problems requiring an urgent re-orientation in our current way of thinking, if we are to collectively solve them

CO4. To demonstrate the shift from a modern to a transmodern perspective

CO5. To invoke hope in all of us so that we may aspire sincerely and create a new and harmonious world order together

313: Positive Psychology

314: Paradigms in Counselling Psychology

401 Appreciating Diversity

C01 To provide a vision for understanding the issues related to diversity and its management

402: Organizational Development and Change

C01. To understand the application of behavioural sciences theory and model for organizational change and development.

C02. To equip the application of various intervention strategies for the success and development of static and dynamic organization.

403 Human Resource Practices

C01. To bring out psychology in the central place of human resource practices

C02. To develop a comprehensive understanding of HR processes to see and appreciate that employees, organization and communities have linkages with larger society

C03. To create awareness about the psychological processes central to major HR practices

404: Psychology of Advertising

C01. To provide a simple exposition of the principles of psychology in their relation to successful advertising.

C02. To enable students to develop critical sensitivities in advertising and applying the same for creation of brands.

405: Developmental Social Psychology

CO1. To develop a broad understanding of the role of social contexts on human development.

CO2. To understand the process of socialization across the lifespan

CO3. To provide training in assessment of social competence and intervention for enhancing social competence in children and adolescents

406: Psychological Perspectives on Ageing

C01. To understand the problems experienced by the elderly in the developed and developing regions of the world.

C02. The role of government policies on aging.

CO3. To develop methodological strong research base for aging issues.

407: Psychoanalytic Psychotherapy

CO1. Participation in this course will provide the student an introduction to the processes involved in clinical work and psychodynamic psychotherapy.

CO2. The student will be acquainted with the challenges likely to be encountered while working with difficult patient groups as well as traumatized individuals and communities. In effect the course will initiate the participants into their future professional life.

408 Psychology at the Margins

CO1. This course will enable the participants to engage with issues of social import. Linkages between gross socio-political processes and their impact upon our subjectivities will be forged. One of the central foci of the course will be to help young psychologists move beyond the mainstream perspectives in the discipline & appreciate the expanse of human experience from 'relatively unexamined perspectives'.

CO2. Participants will be encouraged to openly share in discussions, so that by the end of the course they become increasingly capable of "locating" their "individual positions" as potential psychologists. This course will aim to help the student inculcate a critical human sensitivity. Students will be encouraged to 'open' their subjectivities to include the "absent".

409: Psychoanalytic Studies of Indian Society

CO1 This paper possesses a potential for interdisciplinary linkage. Thinkers contributing to the essential readings have consistently paraphrased their unflinching sense of evolving an articulation of interdependence amongst various cultural phenomena whilst retaining an astute grasp of the foundational thinking of their own discipline of psychoanalysis. Indeed this quality of tension ensures that research processes as these happen would simultaneously highlight the inherent method in them.

410: Gender: A Psycho-Social Understanding

CO1. To provide a focused understanding of the issues that are prominently related to psychology of gender

CO2. To facilitate the processes that provides an in-depth understanding of gender studies

411: Cognitive Development during Infancy and Early Childhood

C01. To develop a broad understanding of the mechanisms processes, and current issues in cognitive development.

C02. To critically assess the implication of cognitive developmental research for education.

Program Specific Outcomes (PSO) – M.A. Applied Psychology

PSO 1: Equipping students with understanding of application of psychological principles to solve human problems.

PSO 2: Preparing the applied psychologists of the future, equipping them with skills and adequate knowledge-bases.

PSO 3: Professional training in three principal domains of the discipline such as: (A) Clinical and Health Psychology, (B) Organizational Behaviour and (C) Social Psychology.

PSO 4: Focusing on understanding of the fundamental psychological processes, and research methods in applied psychology.

Course outcomes (CO)- Sem I

1.1 Applied Cognitive Psychology (40 hours)

CO1: To facilitate the learning of traditional and emergent fields of cognitive neuropsychology.

CO2: To understand-brain-behaviour relationship in day to day life

CO3: To explore the practical implications of cognitive processes in human performance.

Course outcomes (CO)- Sem I

1.2 Research Methods (40 hours)

CO1: To inform students about the basics of scientific research in applied psychology.

CO2: To make them learn the statistical rigors in designing research and processing data

Course outcomes (CO)- Sem I

1.3 Community Psychology (40 hours)

CO1: To acquaint the students about the history & present status of community mental health services.

CO2: To develop a community based orientation towards mental health.

Course outcomes (CO)- Sem II

2.1. Psychological Assessment (40 hours)

CO1: To help students learn the scientific approach to assessment of Individual differences through psychological testing.

CO2: Develop Competence in Test Construction scientific manner and taking appropriate decisions based on test scores

Course outcomes (CO)- Sem II

2.2 Clinical & Health Psychology: Basic Psychological Processes in Health and Disease (40 hours)

CO1: To develop a general orientation towards abnormal behavior and disease process through various models of psychopathology.

CO2: To understand causes of pathological behavior and its psychodiagnostic assessment.

CO3: To develop skills for diagnosis and classification of mental disorders.

Course outcomes (CO)- Sem II

2.3 Advanced Social Psychology: Issues in Social Behavior (40 hours)

- CO1: Informing students of changing nature of concerns in social psychology in terms of basic unit of analysis.
- CO2: The relationship and its significance in influencing the making of self and behavior in social spaces facilitating development of relevant social skills to be observer, facilitator and participant in group processes

Course outcomes (CO)- Sem II

2.4. A1. Forensic Psychology: Study of Criminal Behavior (40 hours)

- CO1: Helping students understand scope of forensic psychology in terms of its role in determining criminal behavior and jurisdiction
- CO2: Learning assessment of criminal and delinquent behavior
- CO3: Understanding psychology of criminal behavior and learning intervention based correction and rehabilitation

Course outcomes (CO)- Sem II

2.4. B1. Organizational Behavior: Basics of Organizational Behavior (40 hours)

- CO1: To develop an understanding of structure and processes of the organization as a whole and the unit of analysis
- CO2: To understand the interaction of individual and Group level of analysis with in the organization.

Course outcomes (CO)- Sem II

2.4. C1. Psychology of Group Dynamics (40 hours)

- CO1: To acquaint the student about the history and approaches towards group work and processes.
- CO2: Train the student in conducting Socio-emotional and Psycho-educational groups with skills, techniques and theory developed from systemic perspectives.

Course outcomes (CO)- Sem III

3.1. A.2 Counseling and Psychotherapeutic Processes (40 hours)

- CO1: To introduce the basic concepts of applied psychophysiology and biofeedback, so that the students can apply these techniques in health care
- CO2: To identify different parameters of psychophysiological assessment
- CO3: To familiarize with techniques of data acquisition in biofeedback
- CO4: To learn application and research in biofeedback

Course outcomes (CO)- Sem III

3.2 A.3 Applied Psychophysiology & Biofeedback (40 hours)

- CO1: To familiarize the students with various approaches, techniques and skills of counseling and psychotherapy in mental health problems.
- CO2: To prepare the students to conduct different types of counseling and psychotherapies with different clinical and sub-clinical population
- CO3: To help them in identifying the processes of therapy and therapeutic change in the client

CO4: To enable them to conduct research in psychotherapy and report the findings

Course outcomes (CO)- Sem III

3.1 B.2 Industrial/Organizational Psychology (40 hours)

CO1: To acquaint students with the staffing processes of the employer and employees overall performance assessments.

CO2: To make them understand the dynamics of the various determinants in attaining the quality of work life with various principles and techniques of motivation and learning.

Course outcomes (CO)- Sem III

3.2 B.3 Psychological Issues in Human Resource Development (40 hours)

CO1: To help develop the sensitivity to development of orientation to HR, effective and efficient organizational functioning in a competitive environment.

CO2: To give an exposure to current issues, concerns, dilemmas in dealing with the human dimensions in organizations.

Course outcomes (CO)- Sem III

3.1 C.2 Personal Growth: An Experiential Paradigm (40 hours)

CO1: To expose the student to the concept of experiential learning, i.e. learning through experience & reflection, learning by doing combined with reflection.

CO2: An active rather than a passive process requiring learners to be self-motivated and responsible “to” yet not “for” learner.

CO3: Engage with learners through a variety of experiential methodologies in direct experience and focused reflection in order to increase knowledge, develop skills and clarify values.

Course outcomes (CO)- Sem III

3.2 C.3 Counseling in Social Settings (40 hours)

CO1: To acquaint the student with theory, research and applications as a social psychologist and counselor in the fields of school, family, group, corporate and spiritual counseling.

Course outcomes (CO)- Sem IV

4.1 A4 Applied Behavior Analysis and Cognitive-Behaviour Therapy (40 hours)

CO1: To develop a general orientation towards application of applied behavior analysis and cognitive-behaviour therapy in treatment of behavioral disorders

CO2: To familiarize the students with the basic concepts of applied behavior analysis

CO3: To develop skills for behavioural diagnosis, classification and assessment of Behavioral disorders.

CO4: To develop competence in application of applied behavior analysis in research and practice of behavior therapy.

Course outcomes (CO)- Sem IV

4.2 A5 Neuropsychological Rehabilitation (40 hours)

CO1: Learning the techniques of Neuropsychological rehabilitation

- CO2: Acquaint students with techniques of neuropsychological assessment
- CO3: Learn about relationship between different parts of brain and behavior

Course outcomes (CO)- Sem IV

4.1 B4 Managing Organizational Culture and Processes (40 hours)

- CO1: To sensitize students to the need for managing differently in diverse cultural environments, and
- CO2: To develop skills for diagnosing and understanding heterogeneity of cultures, and to function effectively in them.

Course outcomes (CO)- Sem IV

4.2 B5 Leadership and Organizational Change (40 hours)

- CO1: To provide an understanding of concepts and approaches of leadership, competency, capability and its linkages at various work levels in organizations.

Course outcomes (CO)- Sem IV

4.1 C4 Psychology of Happiness (40 hours)

- CO1: To bring an experience marked by preponderance of positive emotions and informing them about emerging paradigm of Positive Psychology
- CO2: Build relevant competencies for experiencing and sharing happiness as lived experience and its implications.

Course outcomes (CO)- Sem IV

4.2 C5 Psychology of Peace (40 hours)

- CO1: To inform students about the efforts to develop sustainable societies through prevention of destruction, conflict and violence.
- CO2: To help students develop a sense of empowerment for individual to promote peace related values
- CO3: To disseminate perspectives to build culture of peace and harmony in community life.

Program Specific Outcomes (PSO) – Ph.D in Psychology

PSO 1 The Pre-Ph.D. coursework in Psychology aims to facilitate the acquisition of specialized knowledge and inculcating the relevant attitudes and values required for undertaking research and practice. To this end students will be familiarized with perspectives, pedagogy and their implications. The course would allow students to nurture their academic interests in specialized domains of psychology, along with the quest for personal growth and socially meaningful existence.

Course Outcomes

Paper I: Perspectives in Research (Semester I)

CO1 To create an understanding of the basic orientation, philosophy and methods of research enquiry. Participation in the course will enable the students to become more sensitized to the social and psychological realities of individual- society and take a creative and ethical approach to extending the knowledge base to the world of practice.

Paper II: Research Method: Techniques (Semester I)

CO1 To create an understanding of the basic orientation, philosophy and methods of research enquiry. Participation in the course will enable the students to become more sensitized to the social and psychological realities of individual- society and take a creative and ethical approach to extending the knowledge base to the world of practice.

Semester-II

During Semester II, research scholars are required to do a course in any one of the following areas, offered by their respective supervisors:

1. Advanced Cognitive Psychology
2. Neuro-Psychology
3. Cultural Psychology/ Self and Cultural Processes
4. Clinical Psychology
5. Organizational Psychology
6. Psychoanalytic Psychology
7. Psychology of the Marginalized

8. Gerontology and Emerging Challenges
9. Indigenous Psychology
10. Group Processes
11. Socio - Cognitive Development
12. Indian Psychology and the Spiritual Realm
13. Gender Issues
14. Health Psychology
15. Applied Developmental Psychology

CO1 To develop an in-depth understanding in the area of research, which would enable them to gain the requisite insight for finalization of the research proposal